

**AMERICAN CANCER SOCIETY
TEXAS DIVISION, INC.
HOUSTON METRO MARKET
6301 RICHMOND AVE.
HOUSTON, TEXAS 77057
(713) 266-2877**



The following are ongoing support/education groups that are hosted monthly at the American Cancer Society building.

<u>Support Group</u>	<u>Date</u>	<u>Time</u>
Lymphedema - A self help support group Available to help women dealing with the challenges of breast cancer. <u>Contact:</u> Sandra Schimmel (713)723-4174 Cynthia Gdula (713)827-8426	3 rd Tuesday of the month	7:00 p.m.
United Ostomy/J-Pouch - A monthly support & information group for those who live daily with an ostomy. <u>Contact:</u> Ed Wood (281)493-5015	3 rd Monday of the month	7:00 p.m.
Multiple Myeloma - For more information <u>Contact:</u> Linda O'Brien (713) 723-4898	3 rd Saturday of every month	10:00 a.m.
Lost Chord - Houston A monthly support & information group for laryngectomy patients & their spouses.	2 nd Sunday of every month	2:00 p.m.
Lost Chord – Spring, TX Rayford Road Community Center 26510 Oak Hill Dr. Spring, TX 77386 <u>Contact:</u> 281-364-7754 2.2 miles east on Rayford Road from exit 73, I-45 N	3 rd Sunday of every month	2:00 p.m.